



Trauma-Informed Education

Navigating the Storm

Training for School Staff



Childhood trauma is common, worldwide and in Aotearoa New Zealand, and has a devastating and long-lasting effect on the development of tamariki, their whānau, and for society in general.

School staff and school leaders can make a difference for vulnerable ākonga when they have the knowledge and skills on how to support them.

This evidence based one-day-training aims to improve staff confidence on how to make sense of tamariki's and caregiver's behaviour and how to provide a reflective response.

The main themes covered:

- Understanding complex trauma including intergenerational trauma
- The impact of adverse childhood experiences on brain development and behaviour
- The importance of cultural sensitivity for trauma-informed education
- Optimising learning potential through building safe and predictable relationships
- Understanding practical regulatory skills that can help to calm the nervous system
- Maintaining well-being for educators and other support professionals

The training is delivered by Dr. Josette Wulffaert, Clinical Psychologist/PhD who has over 18 years of experience in providing training as well as providing psychotherapy for children, adolescents and adults/parents who have experienced complex trauma.

For more details about this workshop (dates, times, pricing), please contact Josette via phone, email or via the contact form on the website.